

DANCE COUNTRY WEEK 2025

MON 30/6	TIME	MINS	CONTENT	GROUP 1	GROUP 2	GROUP 3
	10.30am - 10.45am	15	Welcome			
	10.45am - 11.00am *	15	Warm up	Hip Hop	Bollywood	Contemporary
	11.00am - 12.00pm *	60	Session 1	Hip Hop	Bollywood	Contemporary
	12.00pm - 12.40pm	40	Lunch			
	12.40pm - 1.40pm *	60	Session 2	Hip Hop	Bollywood	Contemporary
	1.40pm - 2.10pm *	30	Choreographic Devices			
	2.10pm - 2.20pm	10	Break			
	2.20pm - 3.20pm *	60	Rehearsal / Teacher Access / Assessment			

TUE 1/7	TIME	MINS	CONTENT	GROUP 1	GROUP 2	GROUP 3
	9.00am - 9.30am	30	Morning Motivation			
	9.30am - 9.45am *	15	Warm Up	Bollywood	Contemporary	Hip Hop
	9.45am - 10.45am *	60	Session 1	Bollywood	Contemporary	Hip Hop
	10.45am - 11.00am	15	Morning Break			
	11.00am - 12.00pm *	60	Session 2	Bollywood	Contemporary	Hip Hop
	12.00pm - 12.15pm *	15	Choreographers' Journey			
	12.15pm - 1.00pm	45	Lunch			
	1.00pm - 2.00pm *	60	Rehearsal / Teacher Access / Assessment			
2.00pm - 3.00pm	60	* Optional Extra Studio Time (up to 6 schools only)				

WED 2/7	TIME	MINS	CONTENT	GROUP 1	GROUP 2	GROUP 3
	9.00am - 9.30am	30	Morning Motivation			
	9.30am - 9.45am *	15	Warm Up	Contemporary	Hip Hop	Bollywood
	9.45am - 10.45am *	60	Session 1	Contemporary	Hip Hop	Bollywood
	10.45am - 11.00am	15	Morning Break			
	11.00am - 12.00pm *	60	Session 2	Contemporary	Hip Hop	Bollywood
	12.00pm - 12.45pm	45	Lunch			
	12.45pm - 1.45pm *	60	Rehearsal / Teacher Access / Assessment			
	1.45pm - 2.15pm	30	Performance Skills & Competition Mindset			
2.15pm - 3.15pm	60	* Optional Extra Studio Time (up to 6 schools only)				

THU 3/7	TIME	MINS	CONTENT
	9.00am - 9.45am	45	Individual warm up & practice
	9.45am - 11.45am *	120	Competition Showtime - choreographers to perform 40 sec - 1min solo
	11.45am - 12.15pm	30	Lunch
	12.15pm - 2.15pm *	120	Closing Ceremony rehearsal - Assist
2.15pm - 2.45pm	30	Schools Reflection / Feedback	

FRI 4/7	TIME	CONTENT
	12.30pm	FREE TIME * Support other sports teams in finals *
	1.00pm	Meet in arena - warm up/get ready Closing Ceremony performance

VENUES: Monday - Thursday @ King St Arts Centre (KSAC) 357/365 Murray St Perth
Friday @ HBF Stadium

GROUP 1	GROUP 2	GROUP 3
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