



Orienteering

Western Australia

Eating more fruit and vegetables may be the single most important dietary change needed to improve health and reduce the risk of disease.



Go for 2&5[®]
FRUIT VEG

2024 Go for 2&5 Secondary School Orienteering Championships

12 June 2024 at Garvey Park.



2023 Champion Secondary School: **Quinns Baptist College**

Important dates and times

Enter and pay before 24 May 2024

Final Bulletin sent to schools on 5 June 2024

Competition Day 12 June 2024, 9am to around 2pm.

Contact Melinda on 0409 962 300 or oawa.schoolchamps@gmail.com with any questions.



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Competition classes (Age as at 31 December 2024)

e.g. 16th birthday is 24 October 2024 (i.e. after the event but before 31 December) – enter 16 yr & over class.

Girls (line courses*)	Approximate length	Boys (line courses)	Approximate length	Pairs (Scatter courses^)	Time allowed
15yr & under Girls A	4.0km	15yr & under Boys A	4.0km	15yr & under pairs	One hour
15yr & under Girls B	3.0km	15yr & under Boys B	3.0km	16yr & over pairs	One hour
16yr & over Girls A	5.0km	16yr & over Boys A	5.0km		
16yr & over Girls B	3.5km	16yr & over Boys B	3.5km		
OE - Year 11/12 girls	4.0km	OE - Year 11/12 boys	4.0km		

*Line courses mean students must visit their controls in the order depicted on their map.

^Scatter courses mean the pair can choose which controls to visit and the pair that visits the most controls wins. If there is a tie, the fastest team wins.

Entrants in the A categories should have significant experience of moderate level courses at OWA events.

Schools can use the OE (Outdoor Education) category to assess students for Outdoor Education (Years 11/12 only). We will send schools the course maps for the OE category one week before the event, so students can study their course in class before completing it on the day. We will send the electronic timing results of the OE student's schools after the event to help in teacher assessments.

We will present medals to the first 3 placegetters in both individual and pairs categories, and to the Champion School.

Entry fees

Non-Orienteering WA member		Orienteering WA Member	
Individual	\$12.00	Individual	\$8.00
Pairs	\$22.00	Pairs	\$14.00

Deadline for entries and payment is 24 May 2024. Please refer to the online entry form for more information on how to enter and pay.



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Frequently asked questions

Our students haven't done much orienteering – I'm not sure they have enough experience in map-reading and navigation. Is this event suitable for them?

Yes, pairs classes are available for those with less experience and confidence. Pairs classes are scatter style events and provide an opportunity for students to work together to find controls.

Garvey Park has many tracks through parkland and bushland, and you should encourage your students to use the tracks to navigate to their controls. There will be marshals in the course area to ensure that students do not wander beyond the event area.

What preparation will I need to do?

Your responsibility is to ensure your students are familiar with basic orienteering skills e.g. orientate the map and understand the features depicted on the map. You will also enter your students and organise transport of your students to and from the event. If students are familiar with basic orienteering skills, they should have enough skills to approach the event with confidence and complete their courses.

What happens on the day?

On competition day, you will arrive at Garvey Park with your students at about 9am. You will:

- Settle your students in the Assembly area.
- Collect electronic timing devices from us and allocate these to your students.
- Take your students to the pre-event briefing at 9.45am.
- Ensure your students arrive at the Start at least 5 minutes before their start time.
- Supervise your students before and after they run their course.

You can expect the individual class students to complete their course in 20 – 60 minutes. Pairs will have one hour to complete their courses. We will award medallions to placegetters, award a trophy to the Champion School at about 1.15pm.

What happens if extreme weather is forecast?

An 'extreme weather event' for orienteering means that the forecast or actual weather conditions pose a danger to the health or safety of officials and/ or participants. For winter events extreme weather could mean thunderstorms and lightning.

If the Bureau of Meteorology forecast extreme weather, please contact Melinda on 0409 962 300 for an update. The event organisers will comply with [Orienteering Western Australia's Extreme Weather Events Policy](#).