



SCHOOL SPORT WA CHAMPION SCHOOLS SECONDARY CROSS COUNTRY

Thursday 16 May, 2024
UWA Sports Park, Mt Claremont





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1. ACKNOWLEDGEMENTS

School Sport WA would like to thank the following people and organisations for their assistance in the presentation of this event:

**SSWA Sport Coordinator and the Cross Country Committee
Participating Schools and Competitors
Course Officials and Marshalls**

2. INTRODUCTION

The All Schools Cross Country Championship will again be conducted at UWA Sports Park (McGillivray Oval). The course will start and finish on the south-western oval down in front of the rugby clubrooms. Some sections will be added to the course to create a more challenging race for all athletes. Course descriptions and maps are included in this booklet.

3. CARNIVAL PROCEDURES

BACKGROUND

This booklet is designed to acquaint schools with administrative and logistical information pertinent to the conduct of a safe and efficient Cross Country Championship. School Administrators are requested to read this information and ensure all participating schools commitments are honoured, and that all student competitors are aware of Championship procedures.

1. START TIME

The Program will begin at **9:10am**. If schools need to travel over a distance, then there needs to be some provision for the early arrival of student officials and participants to allow for events to begin on time.

2. PARKING

Bus parking will only be permitted on the third level of the car-park located on the western side of the park (behind the Rugby Clubrooms). Bus drop off and pick up will be through the car-park (level one and two).

Cars may park in the parking area located on the eastern side (behind soccer clubrooms) and along grassed verges around the park. It is important that all vehicles are parked in the appropriate areas so as not to interfere with the race course. **Please walk around the road to approach the event - do not cross any of the sporting fields at any point. This applies to both competitors and spectators.**

3. REGISTRATION

SSWA will use **race bibs with timing chips for all runners**. Competitor Start Lists will be available on the SSWA website (www.schoolsportwa.com.au) from 4.00pm **Tuesday 14th May**. Competitor Race Numbers will be advertised on the windows of the Rugby Clubroom on the day of competition.

4. EVENT TIMING

All runners will be issued with a race bib containing a timing chip for the event. These race bibs will need to be collected at the start of the day from the Registration Desk at the Rugby Clubrooms. Race numbers will be allocated and published on the SSWA website prior to the event.

Note: REGISTRATIONS CLOSE ON MONDAY 6th MAY AT 4.00PM.

Schools can make minor changes to runner names on the day but they will need to be completed prior to the start of the first race of the day [9.10am].

5. DISTRIBUTION AND COLLECTION OF TIMING CHIPS

Schools will need to collect all of their bibs at the start of the day and ensure that they are issued to the correct runners. **Race Bibs do not need to be returned**

Note: **Race Bibs will need to be pinned on the front of the runner's shirt. These will need to be visible at the conclusion of the race as a video camera is being used as a backup of the finish. Please supply your own 4 safety pins for each race bib.**

6. PAYMENT

Schools and individual entrants are encouraged to pay prior to the event via the [PAY HERE](#) button on the SSWA website. Schools that do not pay in advance will be issued with a tax invoice. Tax invoices will be based on the number of students submitted prior, to receive a RACE BIB, not the number of students who attended on the day. Individual entrants who pay on the day, at the registration table will be charged \$12. Race Bibs with Timing Chips will be issued at this time. No Race Bibs need to be returned.

7. SUPERVISION

Facility use and supervision are synonymous. To ensure high standards are maintained we request schools accept responsibility for supervising the behaviour of their own students on the day. It is a requirement that staff monitor toilets and surrounding areas.

8. SCHOOL OFFICIALS

Please note schools **WILL NOT** have to provide officials in 2024 as we are very fortunate to have SEDA students assisting with the conduct of the event.

9. FIRST AID

St Johns Ambulance personnel will attend the event. All schools are requested to provide their own basic First Aid Kit and ice pack for injuries of a less serious nature.

We will also have a qualified Sports Trainer to deal with initial responses out on the course.

Note: *Schools are requested to actively assist at the finish area and look after their students. St Johns Ambulance personnel can then be freed up to deal with serious injuries on the day.*

10. RACE RULES

- Races will start at the scheduled race time.
- The central coordinating point will be the SCHOOL SPORT WA FLAGS AND TENT on the edge of the fields.
- Administration/Registration will occur in an area located near the Rugby clubroom.
- All races will be run in an anti-clockwise direction around the course.
- Courses will be pegged with running tape on both sides.
- Races will start on the grassed area on UWA Park, in front of the Rugby clubroom.
- Competitors will run on the grassed reserve in and around the complex.
- Marshals will be stationed around the course, dressed with SSWA fluorescent vests, directing runners throughout the event.

11. GENERAL

All competitors are required to wear school team uniform. Competitors are also required to wear shoes (athletes in events 12 years and under are **not permitted to wear spikes**). There are some uneven surfaces with sticks, mulch and sand so runners must choose appropriate footwear. Runners should be prepared for all kinds of weather. Competitors are also advised to bring drinks and food. Refreshments will be available on the day.

Occupational Safety and Risk Management Guidelines require that for an event of this nature each student must have their own water supply. School Sport WA highly recommends that all students bring their own water bottle and have it at a place near the finish line.

It is the responsibility of the schools/individuals to train and prepare students for this event. SSWA does not take responsibility for students who suffer as a result of lack of preparation or students overexerting themselves and not being adequately prepared for the arduous distances they endure. SSWA reserves the right to retire runners during the race if they are not on target to finish during the allocated race time.

SCHOOLS SHOULD ALSO NOTE THAT THERE IS LIMITED WEATHER PROTECTION AT THE VENUE SO SCHOOLS ARE ENCOURAGED TO BRING ADEQUATE SHELTER (TENTS) FOR THEIR TEAM.

12. FINISHING PROCEDURE

ALL runners will be encouraged to return to their school tents immediately after crossing the finish line. Should the finish line officials deem a student to be in need of medical attention, he/she will be assisted to the St John's First Aid tent, where he/she can be collected by an official from the school once the St John's medical team deem he/she can be released back to the school.

SSWA officials will also detain the top 15 finishers, immediately after each event, in the adjacent SSWA tent to present details to them regarding State Team selection (see below).

13. AWARDS

Awards for teams are Overall Champion School, Champion School (Boys) and Champion School (Girls). There will also be an award for the champion boys' and girls' teams for each age group. The top three placegetters in each race will receive a medal. **Individual presentations will be done after each race, so placegetters should remain in the vicinity of the finish area until the completion of their presentation.**

Race times will be listed on the SSWA website.

14. TEAMS

The first 3 students to complete the race in each category will constitute the team for that school. To qualify for the title of Overall Champion School, teams must be entered in all age categories, male and female. Individual athletes may be entered if a team cannot be formed.

If schools do not have three finishers in an age group, the school will be awarded maximum points for each runner missing to a maximum of three runners.

NB. A team must have at least one finisher for the school to be awarded points for runners two and three.

15. SCORING

Timing Chips and if needed, Judges, will determine the finishing order of all competitors. Place points will then be allocated to each finisher and added together. The team with the lowest aggregate will be declared the winner. In the event of a tie, the result will be resolved in favour of the team whose last scoring member finishes nearest to first place.

16. RESULTS

A full list of results will be posted on the School Sport WA website on www.schoolsportwa.com.au.

17. STATE TEAM SELECTION

Teachers please inform students in your school teams that if they wish to be considered for state team selection they should nominate on the Cross Country Interstate Team Nomination page at <http://www.schoolsportwa.com.au/interstate/cross-country/> prior to competing on the day.

Immediately after each event, the first 15 runners across the line will be taken to the SSWA tent and presented with state team options.

The first THREE (3) placegetters will automatically be selected for this year's state team, to be held in August.

The remainder of runners, 4th through to 15th, will receive a letter of invitation to attend Trial 2, the final trial for this year's state team.

18. FURTHER INFORMATION

If you have further questions, please contact Leigh Willison at School Sport WA (6318 5712) or Email leigh.willison@education.wa.edu.au.

4. PROGRAM OF EVENTS

Events will start at the scheduled time. Competitors must be marshalled in the correct area once announced.

RACE	MARSHAL	START LINE	START	AGE GROUP	DISTANCE
1	8.50	9.00	9:10	Boys and Girls 11 years <i>This is a State Team selection race only and placegetters will not be awarded medals</i>	3000m
2	9.10	9.20	9:30	Boys and Girls 10 years <i>This is a State Team selection race only and placegetters will not be awarded medals</i>	2000m
3	9.25	9.35	9:45	Girls 16 Yrs & 17 Yrs & Over	4000m
4	9.50	10.00	10:10	Boys 16 Yrs & 17 Yrs & Over	6000m
5	10.20	10.30	10:40	Girls 12 Years	3000m
6	10.40	10.50	11:00	Boys 12 Years	3000m
7	11.00	11.10	11:20	Girls 13 Years	3000m
8	11.20	11.30	11:40	Boys 13 Years	3000m
9	11.40	11.50	12:00	Girls 14 Years	4000m
10	12.05	12.15	12:25	Boys 15 Years	4000m
11	12.25	12.35	12:45	Girls 15 Years	4000m
12	12.45	12.55	1:05	Boys 14 Years	4000m
<p>Race 12 Presentations (approx 1:30pm) Championship Presentations (approx 1:40pm) Event Concludes 2.00pm We encourage schools to PLEASE stay at the venue for PRESENTATIONS.</p>					

Ages

Competitors age is as of 31st December – not year levels (see below)

Born in	Compete in 2024
2014	10 years
2013	11 years
2012	12 years
2011	13 years
2010	14 years
2009	15 years
2008	16 years
2007	17 years

5. OFFICIALS

Championship Directors	Alex McLennan, Kurt Pomeroy
Course set up	Alex McLennan, Kurt Pomeroy, Peter Della Vedova, Mark Howard, Glen Batten, Brian Holmes, Leigh Willison
Starter Starters Marshal	John Petterson Rolanda Geneff
Finish Line	Murray Farr Peter Rickers, Jill Rickers
Gate 1 Gate 2 Gate 3	Graham Johnson Graeme Hadley Glen Batten
Blue Chip Timing	Stuart Fuller
Registration Desk	Emma Russell Jess Rolfe (until approx.9.45am Announcer Ass.) Rolanda Geneff (until approx. 10am then Starters Marshal) Lorraine Feddema (until 9.00am then Triage) Jill Rickers (until 9.00am then Finish Line)
State Team Officials	Sasha Pomeroy Leigh Willison
Announcer Announcer Assistant	Rob Goyen Jess Rolfe (Presentations only)
Bikes	Peter Della-Vedova - front Mark Howard - back
Course Marshals	SEDA Students
Marshalling Coordination	Kurt Pomeroy
Triage	Garry Burnett (on course) with SSWA vehicle Lorraine Feddema
Photographer (Presentations)	Cam Pollock

6. COURSE MAPS

[Please note that maps are intended as a rough guide only and may be changed prior to or on the day.]



The ABOVE course map caters for all distances

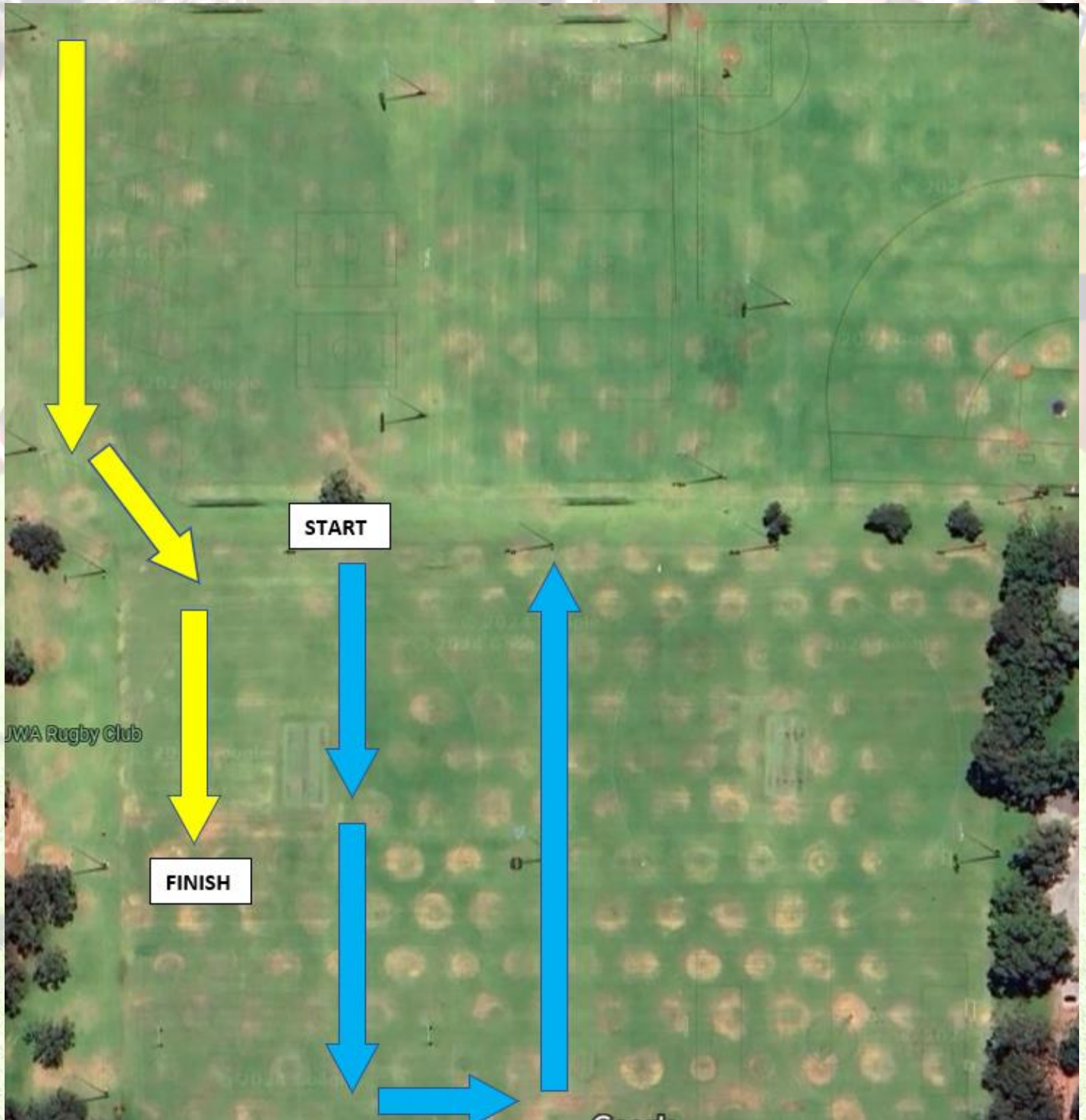
2km and 4km **YELLOW LOOP ONLY**
3km and 6km **YELLOW AND BLUE LOOPS**

2km – **ONE** lap of the Yellow loop
4km – **TWO** laps of the Yellow loop

3km – **ONE** lap of the Yellow and Blue loops
6km – **TWO** laps of the Yellow and Blue loops

- GATE 1** will direct ALL runners to Lap 2 or to the finish line.
- GATE 2** will direct 3km and 6km runners on to the **BLUE** loop
- GATE 3** will redirect 3km and 6km runners back on to the **YELLOW** loop

Finishing Procedure



Competitors will run through the arch at the finish line and their timing chip in their bib will be automatically read and recorded. The first 10 competitors will be taken to a tent and issued with a letter of invitation to compete in the second trial for the WA State Team and then leave the finish area. All other runners will continue on and leave the finishing area, taking care not to interfere with the finish of other competitors.

Parents, teachers and spectators will not be permitted inside the chute, however a First Aid official, and other officials will be there in the event of injury, or for distressed students.

7. PARKING

Schools must all park on the Rugby Clubrooms side of the Sports field and approach the Cross Country event from the west. I.e. students cannot be dropped off on Brockway Rd and walk across the playing fields to the competitor area. Buses must enter from the Challenge Stadium car park not via McGillivray Rd

Schools are requested to follow the parking plan as stipulated by UWA Sports Park. Please ensure that the parking plan is provided to all bus drivers/companies and that parents are also advised. All school buses should be clearly marked with the name of the school to assist staff and students.

Parking:

Large and small buses

The **third level** of the parking area on the west side of the Rugby Clubroom has been designated as the parking area for all buses.

Cars

Cars may park along the road verges surrounding the park but must ensure they are parked well off the roadway. Please walk around the road and enter the event from the Rugby Clubrooms car park. Please do not approach the event across the playing fields from Brockway Rd.

The area behind the Rugby Clubroom is not a car parking area.

Bus Drop Off / Pick Up:

• Drop Off:

Buses that drop students may use level one and two of the western carpark (behind the Rugby Clubroom) as a turn around area.

BUSES – PLEASE DO NOT DROP OFF ON EASTERN SIDE OF THE PARK AS CHANGES TO THE COURSE IN 2024, WILL SEE THE COURSE SET UP THERE.

• Pick up:

Buses picking up students are to use level one and two of the western carpark (behind the Rugby Clubroom) as the turn around area.

UWA Sports Park map indicating bus and car parking areas below:

