## SCHOOL SPORT WA INTERSTATE CROSS COUNTRY

- Selection Policy -

Last Updated:
Feb 2024

## REGISTRATION

- A copy of the nomination form and event details is available on the School Sport WA website. (www.schoolsportwa.com.au).
- Students must complete the official nomination form and pay the required fee/deposit.
- The nomination form is to be submitted online, by the due date


## SELECTION PANEL

- An SSWA Executive Officer (or nominee) will oversee the selection process.
- The State Tour Leader or nominee shall be the chief selector.
- The SSWA cross country committee shall appoint other selectors as appropriate.
- No selector shall be involved in the selection of any runner who is directly related to them.


## CONSIDERATIONS

- SSWA will provide two trial opportunities for students wishing to be selected into the SSWA Cross Country team. (NB students aged 18+ will be selected from the first trial ONLY)
- Athletes are to be selected for the following age groups:
o 10yrs
o 11yrs
o 12yrs
o 13yrs
o 14yrs
o 15yrs
o 16yrs
o 17yrs
o 18/19yrs

Please note: students will be selected separately in the 14s, 15s and 16s, 17s age groups, but will run in the same race at the School Sport Australia Championships, ie. 14/15s event and 16/17s event.

- The team will not include any athlete who will NOT turn 10 or who will be OVER 19 years of age before December 31 in the year of competition.
- The 10, 11, 12 and 13 year old athlete team contingent will comprise of 6 boys and 6 girls in each age division.
- The $14,15,16$ and 17 year old athlete team contingent will comprise of 5 boys and 5 girls in each age division.
- The 18/19 year old athlete team contingent will comprise of 4 boys and 4 girls in each age division
- Should an age group NOT meet the quota of selected students (as outlined above) then the amount of runners selected per age division may be increased in other age divisions, at the discretion of team selectors.
- The maximum number of runners selected in the team, will be 36 students in the 10-12 age groups, and 60 students in the 13-18/19 age groups.
- ALL selected students into the SSWA team MUST have competed in one of the two trial races.
- No 'other' Athletics WA events may be referred to in order to be considered for selection. Students gaining selection MUST compete in SSWA Selection Races only.
- Prior achievements and accomplishments outside of trials and squad training WILL NOT be considered.
- Runners are ranked according to placings at trials
- Any need for replacement due to injury, sickness or other, will be at the discretion of the selection panel. The replacement team member MUST have completed at least one of the two trials.


## TRIAL SPECIFIC INFORMATION

SSWA Team Selection is split in to TWO trial events.
o All Schools Cross Country Championship - TRIAL 1
o SSWA Selection Race - TRIAL 2

- All dates for Trial races will be posted on the SSWA website once details are confirmed each year.
- All trial races will be run in age divisions according to year of birth
- All age divisions from 10 years through to 18/19 years will be catered for.
- All students running in trial races must register through the SSWA portal (via the website) before the cut off day.
- Students wanting to compete in Trial 2 must have completed the nomination form on the 'Interstate’ tab, under 'Cross Country' on the SSWA website. (Please note: registration for Trial 2 WILL NOT open until Trial 1 has been completed)
- Participation in at least one of the TWO trial events is compulsory for selection into the SSWA State Cross Country Team.
- Students who win a state selection spot in Trial 1, will NOT be permitted to race in Trial 2.
- At the completion of the two trial races, the Selection Panel will select a group of 'reserves' based on the results from both trial races.
- If a selected student forgoes his/her place on the state team, he/she will be replaced by one of the selected 'reserves' and at the discretion of the selection panel. The replacement athlete WILL NOT automatically be the next placed placegetter.
- If a selected runner is forced to withdraw from the team, through injury or illness, the selection panel reserves the right to select a suitable replacement from those deemed 'reserves'.
- Any age group which does not fill the quota of places allocated to that age division, due to insufficient numbers competing, will forgo those places to other age groups up to a maximum of 10 places in any one gender division. (This does NOT apply to the 10-12 age division, where the maximum number of competitors from each state is capped at 6 per gender)
- Any redistribution of state team positions will be at the discretion of the selection panel. In this instance, only students who have competed in either one, or both, of the SSWA trials, will be considered.
- A 'reserve' being elevated into the team does not have to be from the same age division, or gender, as the runner who is withdrawing.


## TEAM SELECTION (10s, 11s, 12s, 13s age groups)

SSWA State Team Selection Spots will be awarded to students who place:

- TRIAL $1-1^{\text {st }}$ and $2^{\text {nd }}$ and $3^{\text {rd }}$
- TRIAL $2-1^{\text {st }}$ and $2^{\text {nd }}$ and $3^{\text {rd }}$


## TEAM SELECTION (14s, 15s, 16s, 17s age groups)

SSWA State Team Selection Spots will be awarded to students who place:

- TRIAL $1-1^{\text {st }}$ and $2^{\text {nd }}$ and $3^{\text {rd }}$
- TRIAL $2-1^{\text {st }}$ and $2^{\text {nd }}$


## TEAM SELECTION (18/19s age groups)

SSWA State Team Selection Spots will be awarded to students who place:

- TRIAL $1-1^{\text {st }}$ and $2^{\text {nd }}$ and $3^{\text {rd }}$ and $4^{\text {th }}$


## SELECTED STUDENTS

- All selections will be advised of their inclusion in writing and duly provided with all relevant and appropriate information at the earliest convenience.
- Selected team members will be required to attend a parent meeting where conditions of team inclusion will be explained.
- All selected team members and their parent/guardian are required to attend an information session at a nominated place and date and comply with the directives issued after team selection has been confirmed.
- All selected team members are strongly encouraged to attend the training sessions provided by SSWA in the lead up to the national carnival.


## TRAVEL

Currently SSWA's travel policy states that ALL students selected in the team will be required to travel and accommodate with a nominated parent/guardian.

## COVID

SSWA reserves the right to change 'TRAVEL' conditions and policy based on advice from the various departments.

## SSWA MEDAL SELECTION

The winner of the Cross Country Medal will be based on the achievements (both ON and OFF the field) by the athlete during the National Championships as voted by team officials.

Qualities such as perseverance, commitment and team spirit, as well as performance in their respective events, will all be considered.

10-12 Years Medal Winner (x1 Male and x1 Female)
13-18/19 Years Medal Winner (x1 Male and x1 Female)

