



# SCHOOL SPORT WA DISTRICT HIGH SCHOOLS' COUNTRY WEEK: 18 – 22 SEPTEMBER 2023



This document presents information necessary for you to complete your preparations for District High Schools' Country Week 2023.

Please be aware that the 2023 event will conclude on Thursday 21 September, no later than 3pm, to allow for the safe return of schools on the Friday 22 September.

**It is absolutely essential that all deadlines for information provision are adhered to and is equally important that schools carefully consider their team nominations prior to submission. Withdrawal after fixtures have been completed becomes a huge inconvenience to other schools and to the coordinators. If in doubt do not nominate!**

Significant dates that all schools are required to adhere to are:

***Note: All correspondence outgoing and incoming is to be through the SSWA website***

<b>Friday 2 June (Week 6)</b>	Nominations due
<b>Friday 28 July (Week 2)</b>	Sport confirmation to schools
<b>Friday 4 August (Week 3)</b>	Draft fixtures to schools via the SSWA website
<b>Friday 4 August (Week 3)</b>	Team registration by colour
<b>Friday 18 August (Week 5)</b>	Online School Information Returns due
<b>Friday 1 September (Week 7)</b>	Final fixtures on website
<b>Friday 1 September (Week 7)</b>	Electronic submission of Bona Fides
<b>Friday 8 September (Week 8)</b>	Webex Meeting for School Coordinators (3.30pm)
<b>Thursday 14 September (Week 9)</b>	Final Webex Meeting – Last minute information (3.30pm)

**Note: Your committee has determined that all schools will need to schedule individual school organised activities for after 4.00pm on each competition day.**

Further bulletins will follow closer to the event with updates. Congratulations and thanks to your steering committee for the time and work put in on your behalf. Please check all this information carefully and contact the School Sport WA office with any queries you may have, or any issues you would like to raise. School Sport WA looks forward to your attendance and participation in what is a terrific opportunity on the sporting calendar for District High Schools.

**ALEX MCLENNAN**  
**EXECUTIVE OFFICER**  
December 2022

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Any regional enquiries may be directed to your committee.

MID WEST	MIDLANDS	NORTHERN	SOUTH WEST
CAPS COOLGARDIE	BEVERLEY DHS	CARNAMAH DHS	BETHEL CHRISTIAN COLLEGE
DALWALLINU DHS	BODDINGTON DHS	CARNARVON CC	BOYUP BROOK DHS
DOWERIN DHS	BROOKTON DHS	CHAMPION BAY SHS	BRIDGETOWN HS
GOLDFIELDS BAPTIST	BRUCE ROCK DHS	CHRISTMAS ISLAND DHS	CORRIGIN DHS
JERRAMUNGUP DHS	CUNDERDIN DHS	COCOS ISLAND DHS	DARKAN DHS
KALGOORLIE BOULDER CHS	GINGIN DHS	DERBY DHS	DONNYBROOK DHS
KAMBALDA WEST DHS	KELLERBERRIN DHS	DONGARA DHS	GNOWANGERUP DHS
LEONORA DHS	MUKINBUDIN DHS	EXMOUTH DHS	KOJONUP DHS
MEEKATHARRA DHS	NAREMBEEN DHS	FITZROY VALLEY DHS	KULIN DHS
MOUNT MAGNET DHS	QUAIRADING DHS	GERALDTON GRAMMAR	LAKE GRACE DHS
NORSEMAN DHS	ROLEYSTONE DHS	HALLS CREEK DHS	NANNUP DHS
RAVENSTHORPE DHS	TOODYAY DHS	JURIEN BAY DHS	NORTHCLIFFE DHS
SOUTHERN CROSS DHS	YORK DHS	KALBARRI DHS	OCEAN FOREST LC
WONGAN HILLS DHS		KUNUNURRA DHS	PEMBERTON DHS
WYALKATCHEM DHS		MORAWA DHS	WAGIN DHS
		MULLEWA DHS	WAROONA DHS
		NORTHAMPTON DHS	
		ROEBOURNE DHS	
		SHARK BAY SCHOOL	
		WYNDHAM DHS	

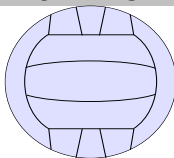


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## 1. PARTICIPATION ELIGIBILITY



### 1.1 INDIVIDUAL

Participants must be full time students up to and including Year 10. The maximum age of any participating student is under 17 years as at 30<sup>th</sup> June in the year of competition. i.e. students must be born after 30 June 2006.

### 1.2 SCHOOL

Nominating schools must have the official classification of District High School. Students enrolled at SIDE are also eligible. Other school participation will be considered on application.

### 1.3 BONA FIDES

All schools are required to forward, electronically, names of participating students by team(s) by the required date (**Friday 1 September 2023**)

- First name, second name,
- Date of birth;
- Each school is also required to provide:
- A contact name for the allocated team official;
- A contact number for the overall team manager

**\* Any contravention by participation of students outside these guidelines will incur the immediate sanction of game forfeit and further action at school level.**

## 2. BYLAWS

### 2.1 LEVIES

- The team levy is **\$50** per student, based on minimum team numbers i.e. 5 in a basketball team and 6 in a volleyball team.
- School Sport WA will confirm this amount in early 2023.
- Schools will be invoiced prior to Country Week

### 2.2 UNIFORMS

- All schools will be required to wear a full team uniform.
- Team uniforms must be appropriate to the sport and includes suitable footwear.
- It is essential that all schools take particular care over their presentation as this event acts as a showcase for best practice in sport.
- A team register will be developed that lists team colours.
- Final date for team registration by colour is Friday 4 August. In the event of a colour clash schools should endeavour to bring alternate tops.

### 2.3 RESCHEDULING FIXTURES

- Initial fixtures will not be published until Friday 4 August, by which time, it is hoped, any alterations to nominations will be known.
- If, after perusing your fixtures, you identify any anomalies please contact the SSWA office, so that the problem can be addressed.
- SSWA has the right to reschedule any fixture due to unforeseen circumstances.

### 2.4 PARTICIPATION IN MORE THAN ONE SPORT

Students may only nominate in one sport. If necessary, in consultation with the Sport Coordinator and opposing coach/es, students may be included in a second sport on the proviso that no game is forfeited because of a double commitment. A student cannot, play in 2 teams of the same sport (e.g. cannot play in two netball teams) unless there is no other option. Each situation will be considered on a case by case basis, with player welfare and participation being the main priority.

### 2.5 STUDENT IMAGE

Schools are reminded that unauthorised reproduction of student or staff image is illegal. If schools are aware of any student who has indicated a restriction on photos or images they are required to inform the SSWA office in writing and also indicate the situation to any SSWA official photographer.

### 2.6 MOUTH GUARDS

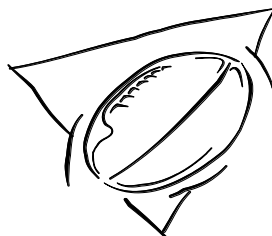
All students are strongly advised to wear a mouthguard when involved in training and competition.

## 2.7 MERCY RULE

In keeping with the spirit of the event when a team is clearly dominating the opposition team the coach must employ strategies to ensure the game's margin does not increase excessively. See sport bylaws for suggested strategies. In the event that the Mercy Rule is invoked it must be indicated on the scorecard by the umpire and the maximum margin will be the specified margin for the respective sport, with the losing team's score being recorded and the mercy rule margin being added on and listed as the winning team's score, except for Volleyball where the recorded score will be 25-10.

## 2.8 LATE ARRIVAL TO GAMES

Teams will receive a 5 minute grace period with no penalty. After which penalties will apply. See specific sports for details. In the event that a team arrives more than half way through the allocated fixture time re-scheduling or forfeit will be at the Sport Coordinator's discretion.



## 2.9 TOUCH FOOTBALL (MIXED)

This competition will be introduced in 2023 as a trial event. Information regarding the rules and guidelines will be confirmed once a meeting has been held with Touch Football WA. Below are the expected rules and guidelines for 2023 based on the Senior High Schools Country Week model.

- Each team to provide a standard Size 5 ball for each match.
  - During the games five (5) interchange players are allowed.
  - In the case of soccer a mixed team may be entered under the following conditions:
    - Any mixed team will play in the boy's competition; and
    - Permission will not be granted if a girls' team is entered.
- Schools are reminded to provide an alternate strip or neutral coloured top in case of team colours clashing.
- **Shin pads must be worn by all players.** Failure to comply will result in the individual not playing.
- Playing Times: Two twenty five (25) minute halves with an eight minute break at half time.
- Five points will be awarded for a win, three points for a draw and two for a loss. Behaviour points may be lost for unacceptable behaviour.
- Exclusions will be decided under normal rules and conditions for soccer. A player who is Red Carded receives an automatic suspension for the next game. Other sanctions and procedures are common to all sports and are documented in Section 4.
- Teams will have a duty roster to supply linespersons for a match other than their own. Each school must provide two students (clad in neutral gear), and with flags. This duty would be allocated either before or after your daily match and each school would get multiple duties during the week. **The duty students must be actively supervised and monitored by their teacher.**
- Each team playing in the first and last games of the day are responsible for setting/removing nets and corner posts.
- The competition will be decided in two parts.
  - a) Qualifying rounds to decide finals ranking:
    - Most number of points;
    - Successful team in previous clash;
    - Goal difference;
    - Highest number of goals scored; and
    - Penalty shoot-out.
    - *Note: In the event of more than 2 teams ending on the same # of points ignore the previous clash and go to goal difference. Only consider goal difference for games between the teams equal on points.*
  - b) Finals result:
    - Direct result; then
    - Team who finished higher after qualifying rounds.



## 2.10 BADMINTON

### General Rules

- Teams consist of a minimum of 4 players.
- Teams may be any combination of gender.
- Serve is determined by the winner of the previous point.
- Feather shuttles will be used for this competition
- Players must be ranked according to ability and will hold that rank for the duration of the competition. Best player ranked #1.
- Late Arrival to Fixture

There will be a 5 minute grace period after which for every five minutes late a set will be awarded to the opposing team.

### Fixtured results, matches and games

- Each fixture will consist of four singles matches and two doubles matches.
- Grading matches will consist of singles matches being one game to 21 points and best of three games for doubles matches
- Graded cross-over games will be based on a best of three game format. This means that each player will play the best of three games in each of the singles and doubles matches.
- The games will be scored as rally point with the winner being the first to 21 points. If the score is 20 points each the next point will be 'sudden death' and will decide the winner of the game.
- 60 Minutes will be allocated for a "tie"
- Teams are required to play all six matches as the final placing results will involve the total number of games and points won in the event of a drawn place.

### How are teams awarded the fixtured result.

- Teams will be awarded the fixture win if they have won the most number of matches.
- Should the match results be a draw for any reason then the two schools will be awarded the fixture as a drawn result.
- Points for the fixtured matches competition will be allocated as
  - 5 points for a win
  - 3 point for a draw
  - 2 points for a loss

### How are schools placed at the end of the tournament

Tabled placings will be determined by:

- Fixtured points
  - In the case of fixtured points being equal then team placings will be determined by the
    - Team total of games won across all fixtures.
  - In the case of the number of games being equal then team placings will be determined by the
    - Team total of points won across all fixtures.

Please note: For schools concerned about allocation of a teacher to this activity badminton will be played at the same venue as basketball and this may allow an opportunity for cross sport supervision.



## 2.11 BASKETBALL (BOYS, GIRLS AND MIXED)

- Teams will be required to provide a game ball.
  - Boys size 7 multi purpose ball (not rubber).
  - Mixed size 6 (as above).
- Players to have numbered tops from 4 through to 15. Schools are reminded to provide an alternate, coloured top in the case of team colour clash.
- Teams shall consist of 5 players and a maximum of 5 substitute players.
- Teams may be nominated as boys or mixed teams.
- Grading playing times - Two 10-minute halves, 3 minute half time break. One time out per half permitted with no time outs in the last 3 minutes of each half.
- Playing times – Two 20-minute halves, 5 minute half time break. No time outs permitted during the last 4 minutes of each half.
- Late Arrival to Fixture  
There will be a 5 minute grace period after which two points for every one minute late will be awarded to the opposing team.
- **Mercy rule:** Will be invoked when a team is leading by 30 pts the leading team **must** play half-court defence.  
Some other suggested strategies include:
  - Instruct players to dribble with non preferred hand only
  - Instruct players to lay up and where possible shoot non preferred hand only
  - Play defence at least an arm length away
  - No double teaming players
  - All players to handle the ball in offense prior to shooting
  - Sub and rest stronger players – this will allow other players to strengthen and improve
  - Playing 4 players when the opposition has 4 players
  - Select one player to sit out then rotate until all team has been on the bench
  - Most importantly – be a good sport and role model to not only your players, your school and yourself but to the others – you never know you may be coaching on the other side one day.
- Each team will supply a scorer.
- In mixed teams, there must be a minimum of **TWO** players of each gender on the court at any one time. Play short if condition cannot be met.
- Sanctions
  - any player may be excluded for an offence against the Codes of Conduct.
  - if issued with a yellow card then the player is to be taken immediately from the court for a minimum period of seven minutes and may only re enter the court after issuing an apology to the referee and gaining permission to resume.
  - a player on receipt of a red card will be excluded for the full game without replacement and an automatic suspension for the following game.
  - The referee must submit a written report to the coordinator.
  - The offending player and coach must meet with the coordinator as soon as possible after the game in which the offence has occurred.
- The competition will be decided in three parts:  
A Grading Round Robin will take place over the first day and a half of competition, then

Qualifying rounds to decide finals ranking:

- most number of points;
- the successful team in the previous encounter will receive priority; and
- if still equal, percentage difference between teams will decide.

Finals result:

- direct result; and
- team who finished higher after qualifying rounds.



## 2.12 HOCKEY (MIXED)

- This competition will be a 9 a side competition (upon mutual agreement teams can play 11 a side).
- Teams must have a minimum of three players of each gender on the field at any one time. Play short if this condition cannot be met.
- Shin pads and mouth guards must be worn at all times.
- Goal Keepers must wear full protective equipment at all times.
- Drag flicking is not permitted.
- Every attempt will be made to use the artificial surface for all games.
- Each team to provide a standard white dimpled ball and present it to the umpire prior to the start of each game.
- During the games four (4) interchange players are allowed.
- Schools are reminded to provide a neutral coloured top in the case of a team colour clash.
- Playing times. Two 20 minute halves, 5 minute half time break.
- Exclusions will be decided under normal rules and conditions for hockey.
- Sanctions
  - Any player may be excluded for an offence against the Codes of Conduct.
  - If issued with a yellow card then the player is to be taken immediately from the field for a minimum period of seven minutes and may only re enter the field of play after issuing an apology to the umpire and gaining permission to resume.
  - A player on receipt of a red card will be excluded for the full game without replacement.
  - If a red card is issued then an automatic suspension will occur for the following game.
  - The umpire must submit a written report to the coordinator.
  - The offending player and coach must meet with the coordinator as soon as possible after the game in which the offence has occurred.
- The competition will be decided in two parts.
  - Qualifying rounds to decide finals ranking:
    - most number of points;
    - the successful team in previous clash;
    - if still equal goal difference will decide;
    - if still equal highest number of goals scored; and
    - if still equal flicks to decide.
  - Finals result:
    - direct result; and
    - team who finished higher after qualifying rounds.
- Late Arrival to Fixture
  - There will be a 5 minute grace period after which one goal for every five minutes late will be awarded to the opposing team.
- Mercy Rule
  - To be invoked when the margin reaches 5 goals.
- Suggested strategies include
  - Substitute or remove dominant players.
  - Reposition players.
  - Modify game strategies and tactics.





## 2.13 NETBALL GIRLS

- Schools provide a netball for each game.
- Schools are reminded to have an alternative set of coloured bibs in case of a team colour clash.
- Each school must provide a scorer.
- Playing times: 4 x 10 minute quarters, 2 minutes at quarter and three-quarter times; 3 minutes at half time. [Grading Day: 2 x 10 minute halves, 3 minute half time]
- **All games will be centrally timed.**
- In recognition of the educational context of this event coaches may coach from the sidelines using player's names and direct play.
- Sanctions
  - Any player may be excluded for an offence against the Codes of Conduct
  - That player will be excluded for the full game without replacement;
  - Automatic suspension will follow for the following game; and
  - A report must be made to the coordinator.
- The competition will be decided in three parts.

A grading Round Robin will take place over the first day and a half of competition, then

Qualifying rounds to decide finals ranking:

- most number of points;
- the successful team in the previous encounter; and
- if still equal, percentage difference between participating teams.

Finals result:

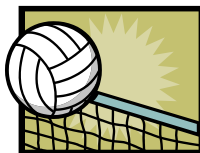
- direct result; and
- team who finished higher after qualifying rounds.

- Late Arrival to Fixture
    - There will be a 5 minute grace period after which one goal for every one minute late will be awarded to the opposing team.
  - Mercy Rule
    - To be invoked when the margin reaches 15 goals.
- Suggested strategies include
- Substitute or remove dominant players.
  - Reposition players.
  - Modify game strategies and tactics.



## 2.14 FUTSAL (MIXED)

- This competition will be a 5 a side competition
- Teams must be mixed, and there must be a minimum of 2 players of each gender on the field at any one time. Play short if this condition cannot be met.
- Each team to provide a size 4 reduced bounce soccer ball.
- Each team to provide one line referee with a knowledge of the offside rule.
- During the games **5** interchange players are allowed.
- Shin pads are compulsory for all players.
- Schools are reminded to provide a neutral coloured top in the case of team colour clash.
- Playing times. Two x 20 minute halves, 5-minute half time.
- It is compulsory for all players to wear shin guards
- Sanctions
  - Any player may be excluded for an offence against the Codes of Conduct.
  - If issued with a yellow card then the player is to be taken immediately from the field for a minimum period of seven minutes. This player can be replaced.
  - Any player, on receipt of a red card, will be excluded for the full game without replacement and will receive an automatic suspension for the following game.
  - A report must be made to the coordinator.
  - The offending player and coach must meet with the coordinator as soon as possible after the game in which the offence has occurred.
- The competition will be decided in two parts.  
Qualifying rounds to decide finals ranking:
  - most number of points;
  - the successful team in previous clash;
  - if still equal goal difference will decide;
  - if still equal highest number of goals scored; and
  - if still equal penalties to decide.Finals result:
  - direct result; and
  - team who finished higher after qualifying rounds.
- Late Arrival to Fixture
  - There will be a 5 minute grace period after which one goal for every five minutes late will be awarded to the opposing team.
- **Mercy Rule**
  - To be invoked when the margin reaches 5 goals.Suggested strategies include
  - Substitute or remove dominant players.
  - Reposition players.
  - Modify game strategies and tactics.



## 2.15 VOLLEYBALL (MIXED)

- Teams must be mixed, and there must be a minimum of **TWO** players of each gender on the court at any one time. Play short if condition cannot be met.
  - Schools will provide the leather volleyballs to be used at the carnival (Mikasa MVA310 recommended).
  - Teams to have a uniform with numbers.
  - Each school will be required to be the duty team during the carnival at some stage.
  - Each duty team is required to have a minimum of 5 players for their rostered duty. A duty team consists of net umpire (preferably a coach/adult), 2 scorers and 2 line persons. Duty members must be present 5 minutes prior to game commencement time. Lines people are to wear supplied vests.
  - Net height: 2.35m.
  - Players are permitted to serve off the hand.
  - Substitutions - All players must rotate sequentially, going off at position 2 and back on through position 1, this must be maintained for the entire game.
  - A match will consist of three compulsory games, rally point. The first two games will be to 25 points (uncapped) and the third game to 15 points (capped), rally point. The third set will only be counted if one team has scored 8 or more points. In the event of a tie in the third set one more point will be played.
  - The competition will be centrally timed **and each game will progress no more than 40 minutes.**
  - Warm-up period will be 5 minutes and commence as soon as the whistle to finish the previous match is sounded. The first scheduled match will start at the designated time so warm-up must be completed before this time. Team warm-ups other than the designated 5 minutes on court are to be conducted elsewhere.
  - 2 points will be awarded for a win, 1 point for a draw.
  - Sanctions
    - Any player may be excluded for an offence against the Codes of Conduct.
    - That player will be excluded for the full game without replacement.
    - Automatic suspension will follow for the following game.
    - A report must be made to the coordinator.
    - The offending player and coach must meet with the coordinator as soon as possible after the game in which the offence has occurred.
  - The competition will be decided in three parts:  
A grading Round Robin will take place over the first two days of competition, then  
Qualifying rounds to decide finals ranking:
    - most number of match points;
    - the successful team in the previous encounter;
    - total number of sets won in previous encounter.
    - total number of sets across the competition.
    - total number of points across the competition.
- Finals result:
- direct result; and
  - team who finished higher after qualifying rounds.
- Late Arrival to Fixture
    - There will be a 5 minute grace period after which two points for every one minute late will be awarded to the opposing team.
  - **Mercy Rule**
    - To be invoked when the margin reaches 15 points (Play out the set if the winning team is already 20 points or above). If the mercy rule is invoked the final set score will be 25-10.
- Strategies include
- Substitute or remove dominant players.
  - Modify game strategies and tactics.
    - Underarm serving only.
    - No spiking or blocking.

### 3. SPORT SPECIFICS

Note: All game balls must be clearly marked and presented to the umpire prior to the games' commencement.

#### MIXED TOUCH FOOTBALL TBC

#### MIXED HOCKEY

2 x 20 minute halves

- 1 Game ball suitable for playing on synthetic surfaces
- Teams are also advised to bring a standard white ball(s) for practice purposes
- Teams must have a full Goal Keeper set

#### NETBALL GIRLS

4 x 10 minute quarters, 2 minute quarter time and 3 minute half time.

[Grading Day: 2 x 10 minute halves, 3 minute half time]

- 1 Standard League Netball
- Scorer

#### BASKETBALL

2 x 20 minute halves [Grading Day: 2 x 10 minute halves, 3 minute half time]

- 1 Match Ball (no rubber) Size 6 for mixed. Size 7 for boys
- Scorer (see Bylaws)

#### MIXED VOLLEYBALL

40 minutes

- 1 Leather Volleyball (Mikasa MVA310 recommended)
- Officials x 4 (see duty team Bylaws)

#### MIXED FUTSAL

2 x 20 minute halves

- 1 Size 4 Soccer ball (reduced bounce)

#### BADMINTON

Games consist of 3 sets – first to 21

- Feather Shuttlecocks supplied by Badminton WA
- Time restrictions may apply

#### SPECIAL NOTE ON UMPIRING

SCHOOL SPORT WA will attempt to supply umpires at all times. In some cases, this may not be possible. Coaches need to be prepared to offer their services when required.

### 4. SANCTIONS, DISPUTES AND PROTESTS

#### 4.1 SANCTIONS PROCEDURES ALL SPORTS

##### Hockey, Basketball, Netball, Badminton, Volleyball

- Misdemeanor processes and sanctions will be applied in keeping with the rules and guidelines of the sport. (i.e. application of cards will apply in keeping with accepted parent body rules and guidelines).

##### AFL & Futsal

- First misdemeanor will automatically earn a yellow card. This does not preclude a red card and automatic exclusion for a serious offence.
- Yellow card will necessitate removal from the playing area for coach counseling for a period of not less than seven minutes.

##### Universal procedures

- Red card means automatic exclusion for the rest of that game, the next game and an appearance before the sport coordinator immediately at the end of the game. Umpire to report name of offender and school to the sport coordinator.
- If any student receives two red cards, it will result in exclusion from participation for the rest of the carnival.
- Any two red cards presented to an individual, coach or players at any time leading up to, during, or after any game, including finals, will result in loss of game.

#### 4.2 DISPUTES PROCEDURES

This will follow line management guidelines in the following order:

1. Sort out **amicably** at coach to coach level.
2. Discuss problem with sport coordinator.
3. Discuss with tournament manager.
4. Protests panel if unresolved.

**Note:** The event coordinator has the right to re - schedule games in cases of misadventure. Should this rescheduling take place then it is done with the best interests of all participants in mind. The game will be rescheduled through

negotiation with each team and take place accordingly. The team who does not appear at the rescheduled time will forfeit the match.

#### 4.3 PROTESTS PANEL

This will follow line management guidelines in the following order:

1. School Sport WA Sport Coordinator
2. School Sport WA Carnival Coordinator
3. District High Schools' Country Week Committee

If protest is not solved by (1), then it will be taken to (2) and finally to (3).

### 5. ALLOCATION OF GRADES

- The grading committee reserves the right to place schools where it is believed the best interests of the competition are served.
- SSWA will place teams into appropriate divisions/pools based on the size of the school and previous results.
- Any requests for modification will be looked at, but not guaranteed.
- Where possible up to two days of play will be used as grading days, schools will be allocated into pools from these results schools will be placed into divisions. The sport coordinator, in consultation with the affected teams, can adjust the final grade allocations at their discretion.
- Rescheduling of fixtures because of late withdrawals or "no shows" will be the responsibility of the sport coordinator. That decision will be final. The onus is on schools to provide correct information in the first instance.

#### GRADING GUIDELINES

#### Background

The principle purpose of this event is to provide country students with the opportunity to participate in peer competition in an educational context. It is not the event philosophy to "win at all cost" but rather to compete in a friendly environment that provides equity of opportunity for all.

#### Special Notes:

- Badminton, Basketball, Netball and Volleyball teams are required to nominate their anticipated grade. Teams will be placed in pools for grading purposes. The grading days will be used to confirm final grades [A, B, C, D, E – subject to nominations]

### 6. VENUES

<b>BADMINTON</b>	<b>Bendat Stadium</b> Underwood Ave, Mt Claremont	(4-8 Courts)
<b>BASKETBALL</b>	<b>Bendat Stadium</b> Underwood Ave, Mt Claremont	(6 Courts)
<b>TOUCH FOOTBALL</b>	<b>Wembley Oval</b> Selby St, Jolimont	(2 Fields)
<b>HOCKEY</b>	<b>UWA Sports Park – Hockey Turf</b> McGillivray Rd, Mt Claremont	(1-2 Fields)
<b>NETBALL</b>	<b>Gold Netball Centre</b> Selby Street, Jolimont	(4 Indoor Courts) (1-2 Outdoor Courts) <i>if required</i>
<b>FUTSAL</b>	<b>Lords Recreation Centre</b> 5 Wembley Crt, Subiaco	(2 courts)
<b>VOLLEYBALL</b>	<b>HBF Stadium (Arena 2)</b> 100 Stephenson Ave, Mt Claremont	(2 Courts)

## 7. OPENING AND CLOSING CEREMONY INFORMATION

### 7.1 OPENING

TIME: Monday 18 September (Day One) 9.00am  
VENUE: Bendat Stadium, Underwood Ave, Mt Claremont  
FORMAT:

- Students are to be seated **no later than 8.50 am**. Schools are asked to fill the stands from the back.
- School captains are requested to assemble in the Foyer of the Basketball Centre in alphabetical order from the designated school **(Boyup Brook DHS 2023)**.
- Active Achievers are to be seated out the front in the seat allocated by their certificate.
- Official opening will take place, including student pledge which is read out by a student from a designated school, **(Boyup Brook DHS 2023)** and the national anthem will be played. All schools are requested to encourage students to participate in singing of the National Anthem. If any school has a student(s) who is prepared to lead the singing, please inform the School Sport WA office.
- Schools are asked to remind all students that their standard of dress and behaviour is to be of the highest standard (School uniform & appropriate footwear).
- School Delegates meeting to be held immediately after the opening ceremony on Court 1.
- A coaches meeting will be held at 9.50am at the game venues. Attendance is compulsory as it is here any last minute changes will be advised.
- After the opening ceremony students will be dismissed and the carnival program will begin at 10.30am (approximately).

### 7.2 CLOSING (SPORT SPECIFIC)

TIME: Thursday 21 September (Final Day) – After Grand Final Game  
VENUE: At each sport specific venue  
FORMAT:

- **Sport Coordinators** will make all coaches aware of where the Sport Specific Closing Ceremony will be held.
- **All** students to be seated in the allocated area by **10 minutes after the Grand Final Game**.
- State Sporting Organisation Executive Officer or their representative will be in attendance.
- School team captains of successful teams are requested to station themselves in the designated court area adjacent to the presentation area.
- Trophies will be presented and the championship will be officially closed.

**Special Note: All schools are reminded that the closing ceremony is an integral part of the week's proceedings. It is essential that ALL schools make provisions NOT to depart until its conclusion.**

## 8. TROPHIES

Trophies will be awarded for each divisional winner in each of the sports the highest division will also be awarded the perpetual trophy. All team Captains are asked to be seated in the front rows

## 9. SPORTSMANSHIP AWARDS

This team award acknowledges good sportsmanship in each sport. The team will exemplify the spirit in which Country Week competitions should be played. It is not the event's philosophy to "win at all cost" but rather to compete in a friendly environment that provides equity of opportunity for all. It is an award to acknowledge a school team who leads by example and demonstrates through their attitude and behaviour the qualities and conduct of fair play. The award will recognise teams that display fairness, honesty, politeness, respect for the rules and for other players during the week of competition.

**Sport Coordinators, Umpires and Coaches will vote** for the schools they deem to have displayed Sportsmanship behaviour for the week. An award will be presented in each grade for each sport at the Closing Ceremony.

## 10. CONTACT NUMBERS

All schools will be required to supply an accommodation address and an after-hours contact number so that any necessary communications or late changes to fixtures may be notified. **Please complete the School Information Form on the website by Friday 18 August 2023, at the latest.**

## 11. MEDICAL PROVISION

Schools will have access to a qualified sports trainer to cater for injuries sustained. This person is not an all-purpose strapper unless there is a genuine need for injury treatment. Schools are requested to adequately provide for their own immediate ongoing medical needs by the provision of first-aid equipment, including ice. Provide your own strapping. Emergency strapping will be available (approximately \$4 per treatment) for injuries sustained during the course of games. Should you require additional strapping it must be purchased from the medical station. A coach/team manager must accompany competitors when they attend the on-site sports trainer. St. John's Ambulance has been notified of the event.

Team coaches are responsible for the well being of their team and all minor injuries are to be handled by the team coach. Should the need arise, all arena managers will consider medical problems a priority, and have phones to arrange

further treatment or to call an ambulance. All sport managers will have contact numbers for local practitioners (as included in this bulletin). Please ensure all team managers and coaches have a copy.

Schools are required to provide their own ice sufficient for their own needs. Sports medicine will have ice available for injuries that are attended to at their location.

## 12. RISK MANAGEMENT

SSWA will produce a comprehensive risk management document that will cover the conduct of the event and satisfy DoE excursion policy requirements. Schools will be able to state in their excursion documentation that the event risk management will be provided by SSWA.

## 13. EMERGENCY MEDICAL CONTACTS

**St John's Ambulance** - Telephone 000

<b>Hospitals</b>		
Perth Children's Hospital	15 Hospital Ave, Nedlands	6456 2222
Sir Charles Gairdner Hospital (Public)	Hospital Avenue, Nedlands	9346 3333
Royal Perth Hospital (Public)	Wellington St Perth	9224 2244
Fiona Stanley (Public)	11 Robin Warren Drive, Murdoch	6152 2222
St. John of God – Subiaco (Private)	175 Cambridge St, Subiaco	9382 9606
<b>Sports Physicians</b>		
Sports Med Murdoch - St John of God Hospital	100 Murdoch Drive, Murdoch	9366 1810
Sports Med Subiaco	U 101, 175 Cambridge St Subiaco	9382 9600
Sports Medicine at the Mount	25/146 Mounts Bay Rd, Perth	9322 6399
<b>Physiotherapy</b>		
Body Logic Physiotherapy	215 Nicholson Road, Shenton Park	9381 7940
LifeCare Wembley	202 Cambridge St, Wembley	9489 6266
LifeCare Cottesloe	42/460 Stirling Hwy, Peppermint Grove	9384 3269
Ascend Physiotherapy	HBF Stadium, Mt Claremont	9387 2699
Empower Physiotherapy	1-2 / 127 Moolanda Blvd, Kingsley	9309 5353
South Care Physiotherapy (Please phone for appointment)	St John of God Medical Centre, Suite 4 Medical Clinic 100 Murdoch Drive, Murdoch	6332 6666
<b>Massage</b>		
Subiaco Sports Massage	3/415 Rokeby Road, Subiaco	9382 3969

## 14. COACHING CLINICS

Coaching clinics may be organised for badminton, futsal, volleyball, hockey and Touch Football early in the week. It is an expectation that coaches will assist the presenters. Games will commence after the clinics.

*Note: There will not be a clinic for netball and basketball.*

## 15. MEETINGS

<b>School Delegates Meeting</b>	<b>Monday 18 September</b> [Immediately after open ceremony] All country week coordinators
<b>Coaches Meeting</b>	<b>Monday 18 September 9.50am</b> All coaches at their playing venues, this is a compulsory meeting
<b>Active Achievers Awards</b>	<b>Opening Ceremony</b> Venue: Bendat Basketball Centre, Underwood Ave, Mt Claremont

### COUNTRY DISTRICT HIGH SCHOOLS DELEGATES MEETING

Date: **Thursday 21 September 2023.**

Place: **Bendat Stadium**

Time: **9:00am**

- All schools must be represented.
- Delegates will be elected and a meeting time for committee set.
- Opportunity will be given for discussion.

**Note:** Your elected committee will make decisions; the meeting is for discussion and not decision making.

**ACTIVE ACHIEVERS COUNTRY WEEK AWARD:**

All schools will be invited to submit nominations for the Active Achievers Award. The award is designed to recognise outstanding contributions in sport and other contributory arenas at the school and local community level. A maximum of two boys and two girls are to be nominated for this award from each school.

**All schools are encouraged to enter worthy students for this prestigious award.**

Active Achiever Nominees will be acknowledged at the Opening Ceremony.

The award procedure is as follows:

1) Each school involved in DHS Country Week has the opportunity to nominate a maximum of two female and two male students.

2) The nominated students should:

- portray positive images about health and wellbeing,
- be actively involved in school and/or community activities,
- be attending District High Schools Country Week.

3) Each student nominated will be individually congratulated and receive a certificate of recognition at the Opening Ceremony.

Further details are available on the following link [https://www.schoolsportwa.com.au/interschool/country/country-week/district-high-schools/#active\\_achievers](https://www.schoolsportwa.com.au/interschool/country/country-week/district-high-schools/#active_achievers)



**Players' Code of Conduct**

- Be a good sport.
- Play for enjoyment.
- Work hard for your team as well as yourself.
- Treat all team mates and opponents as you enjoy being treated yourself.
- Play by the rules.
- Cooperate with team and game officials.
- Control your behaviour on and off the field.
- Learn to value honest effort, skilled performance and improvement.

**Coaches/Teachers' Code of Conduct**

- Set a good example for your players.
- Encourage and create opportunities to develop individual skills.
- Teach a wide range of team skills.
- Ensure that the sport is appropriate for the age group and the skill development level of the players involved.
- Teach your players to be friendly towards officials and opponents.
- Give all interested students a chance to participate in training and in games.
- Remove from the field of play any of your players whose behaviour is not acceptable.
- Keep your own knowledge of coaching and the developments of the game up to date.
- Abide by School Sport Australia policy which prohibits smoking and consumption of alcohol by team officials at any time whilst in the direct supervision of students.

**Parents' Code of Conduct**

- Encourage participation by your children.
- Provide a model of good sportsmanship for your child to copy.
- Be courteous in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Make any new parents feel welcome on all occasions.
- Do not interfere with the conduct of any events.

**Spectators' Code of Conduct**

- Demonstrate appropriate social behaviour.
- Remember children play for enjoyment. Don't let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference.
- Support skilled performances and team play with generous applause.
- Demonstrate respect for opposing players and their supporters.

**Administrators' and Officials' Code of Conduct**

- Ensure rules, equipment, training schedules and games are safe and match the needs and skill level of the children involved.
- Ensure that equal opportunities for participation in sports are available for all children.
- Involve children in planning, evaluation and decision making.
- Ensure everyone involved, including parents, understand their responsibilities regarding fair play and appropriate behaviour.
- Encourage a positive attitude towards children's sport
  - i) emphasise fun and enjoyment
  - ii) encourage both teams
  - iii) set a good example
- Be consistent, courteous and helpful toward all participants.
- Use common sense to ensure that the 'spirit of the game' for children is not lost by overcalling violations.
- Ensure that adequate supervision is provided by qualified and competent coaches and officials capable of developing appropriate sports behaviour and skill technique, and that these officials are given the opportunity to improve their coaching and officiating.
- Remember that children play for enjoyment, downplay the importance of rewards.
- Avoid allowing children's sports programs to become primarily spectator entertainment. Focus on the needs of the participants rather than the enjoyment of the spectators.
- Distribute a Code of Behaviour sheet to spectators, officials, parents, coaches, players and the media, and take other positive steps to ensure people understand their responsibilities regarding fair play in children's sport.