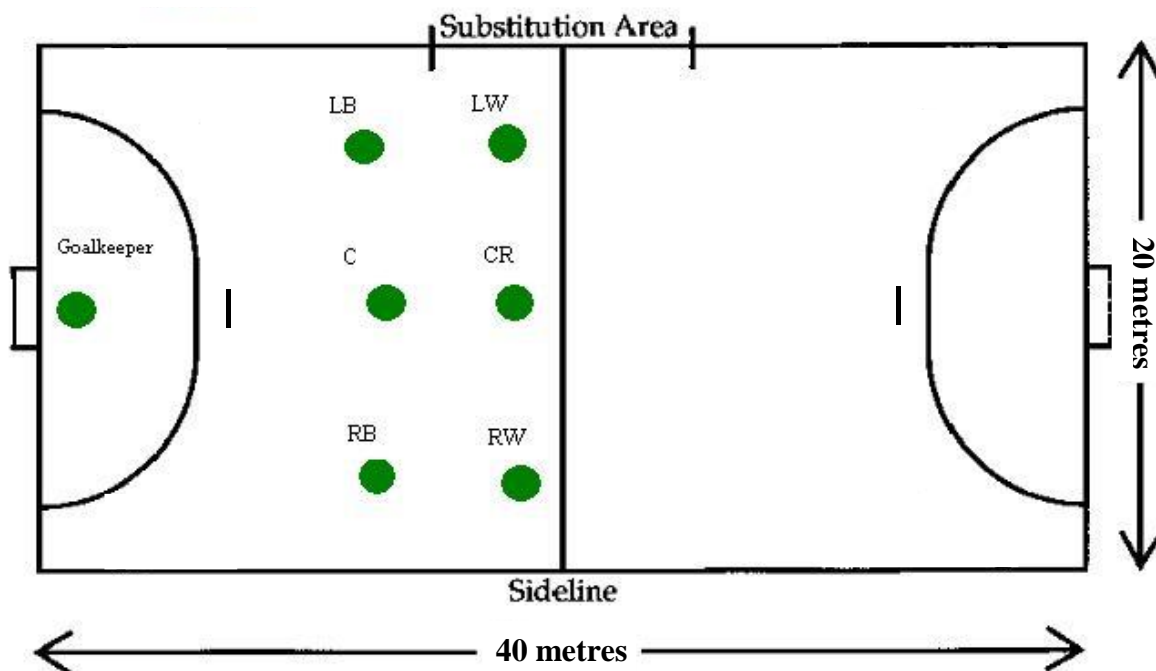


HANDBALL

Court Diagram



<http://www.gstbores.org/toolbox/home/1686/teamhandballdiagramPlayersPositions.JPG>

Handball positions consist of a goalkeeper, two backs, two wingers, a circle runner and a centre. The playing positions are as follows:

The **goalkeeper** defends the goal with just about every part of the body and is the only player who can touch the ball with his/her feet.

The **centre** is a creative handball player who directs play at both ends of the court. Also known as the 'playmaker' he/she sets up the tactics and players in shooting positions.

Left & right backs are usually the largest players on the team. When defending, they try to block shots, and in attack they are the long-range handball shooters.

The **circle runner** is the force in attack and a disruption to opponents when defending. He/she is quick and gets in among opposing defenders to either create openings for teammates or to get into a good scoring position.

Left & right wingers are fast players who patrol the sides of the court. They counter opposing wingers and in attack look to create openings for others, or shoot from the more difficult angles.

<http://www.realbuzz.com/articles/handball-playing-positions/>